

# Ubah Medical Academy

## November 2020

### LUNCH

Prices: Student - No Charge, Adults - \$3.85

#### SERVED DAILY

Regular Entrée  
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg  
 Fresh Fruit - Apple, Orange, Pears, Applesauce, Craisins, Raisins  
 Variety of Milk, including Skim

Distance Learning Meal Packages may include: Pasta, Marinara Sauce, Rice, Tuna, Mixed Vegetables, Breakfast Cereals, Cereal Bars, Nutritional Bars, Assorted Fruits/Juice

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Strips Chipotle Beans & Roll Veggies, Fruit, Milk	Chicken Patty Sandwich Potato Wedges Veggies, Fruit, Milk	Cheese Lasagna Soft Breadstick Veggies, Fruit, Milk	Cheesy Breadsticks w/ Marinara Sauce Veggies, Fruit, Milk	No School
9	10	11	12	13
Cheesy Breadsticks w/ Marinara Sauce Veggies, Fruit, Milk	Cheeseburger Baked Chips Veggies, Fruit, Milk	Chicken Patty Sandwich Potato Wedges Veggies, Fruit, Milk	Cheese Lasagna Soft Breadstick Veggies, Fruit, Milk	Distance Learning
16	17	18	19	20
Cheese Enchilada Bake Soft Breadstick Veggies, Fruit, Milk	Chicken Strips Steamed Corn & Roll Veggies, Fruit, Milk	Cheesy Breadsticks w/ Marinara Sauce Veggies, Fruit, Milk	Seasoned Chicken Leg Yellow Rice Veggies, Fruit, Milk	Distance Learning
23	24	25	26	27
Chicken Patty Sandwich Baked Chips Veggies, Fruit, Milk	Cheese Pizza Veggies, Fruit, Milk	Meatball Sub Baked Chips Veggies, Fruit, Milk	No School	No School
30				
Cheeseburger Potato Wedges Veggies, Fruit, Milk				

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain  
 peanuts, other nuts/seeds, milk, egg, soybean,  
 and other products.

*This institution is an equal opportunity provider.*

**Our Commitment**

**“Healthy Food, Healthy Message”**

We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**

School Office @ 952-540-2945 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)